

# Lesley Ann Waldheim Early Childhood Center



At the FamilyForward Lesley Ann Waldheim Early Childhood Center, we specialize in working with young children who have experienced early trauma. A highly structured environment utilizing trauma-informed, developmentally sensitive interventions is provided for children ages three to six experiencing emotional and behavioral difficulties resulting from histories of developmental trauma. Our individualized approach prioritizes each child's unique needs and supports their entire therapeutic web including caregivers and treatment teams.

## Program Components Include:

- ▶ Highly trained staff; maximum of four children to one staff ratio
- ▶ Programming driven by the Neurosequential Model of Therapeutics (NMT)™ developed by Dr. Bruce Perry, to provide individualized, developmentally sensitive, and neurobiologically informed classroom experiences for each child
- ▶ Therapeutic, play-based classroom experiences that emphasize connection, sensory integration, and regulation
- ▶ Specific therapeutic models include:
  - ▶ Directive and Child-Centered Play Therapy
  - ▶ Group therapy utilizing Sunshine Circles
  - ▶ Family therapy with principles of Theraplay
  - ▶ Attachment, Regulation and Competency (ARC) Model
- ▶ Integrated, trauma-informed Occupational Therapy
- ▶ Support for the child's therapeutic web including case management, psychoeducation, coaching, and advocacy



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# Frequently Asked Questions

## What are the new hours?

### Monday – Thursday

8:00 to 8:30 am	Before Care
8:30 am to 3:00 pm	Full-day Program
3:00 to 4:30 pm	After Care

**Friday: CLOSED**

## How much does the program cost?

There is no cost to families for the full-day program.

## Who is eligible?

The program serves children who are residents of St. Louis County and/or eligible for MO HealthNet (Medicaid) who have experienced developmental trauma and presenting with emotional and behavioral regulation challenges.

## Will you provide transportation?

We will not provide transportation. Before and after care is available so caregivers can drop off their child at the Early Childhood Center at a time that is more convenient for their schedule.

## Do I need to pack my child's lunch?

No. We will provide all meals and snacks.

## Where is the new Center located?

Lesley Ann Waldheim  
Early Childhood Center  
2780 N Lindbergh Blvd  
Saint Louis, MO 63114



## Contact Us

**Need more information or want to talk with enrollment?**

314.534.9350

[intake.dept@familyforwardmo.org](mailto:intake.dept@familyforwardmo.org)



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